

[View this email in your browser](#)



### Welcome to Father Vlad's Newsletter!

*I will be glad to stay in touch with you for updates and special seasonal messages, but if you prefer not to receive these messages, please unsubscribe below. Thank you.*

[www.fathervlad.com](http://www.fathervlad.com)

#### **NEW BLOG!!!**

Father Vlad's Blog: we are pleased to announce the launch of a new Blog on Father Vlad's website, please visit:

[Father Vlad Blog](#)

#### **Recent Blog Posts**

[Hartpury Gloucestershire Musing](#)

[CaAPA Remembrance Mass](#)

#### **The Universe Catholic**

Father Vlad latest column on The Universe Catholic Weekly:

[3rd November 2023 - A little bit squash, a little bit tennis](#)

[17th November 2023 - Squash's little brother](#)

#### **Thirty-third Sunday in Ordinary Time - 19th November 2023**

Mt 25, 14 Talents across the PIES.

Talent – a handy word. Used to be a large sum of money, now an aptitude or skill. A gift.

Talents! Never judge another's behaviour as have no idea - unless they are honest and tell you - how they are inside.

Powerful? Intelligent? What is their IQ, their education? Their background?

Is there any mental illness? ADHD, OCD, PTSD, dyslexia, schizophrenia, bi-polar disorder, autism.

By the way the world's strongest man - who eats 10,000 calories a day - was diagnosed with autism aged seven. So, he took up weightlifting while still at school.

Your own talents? The gifts God has given you - How are they? How do you look after them?

The Physical: how is your exercise, diet, sleep?

Intellectual: I keep thinking, reading, writing, talking - to reduce the risks of dementia. I drink Coffee, and take vitamin D and Olive Oil as minefields to hold up dementia.

Emotional caring for my congregations, my friends - which include my families (I am an honorary member of a few) keep my heart alive.

Spiritually I keep in frequent contact with Jesus - Yesh and tell him what I think and feel.

Life is a staircase on which we can go up or down. You might need a handrail - your friends - to enable you to keep climbing. On Sundays here, I try to be your handrail.

#### **Thirty-second Sunday in Ordinary Time - 12th November 2023 - Remembrance Sunday Mass for Clapham College Old Xavierians (COXA)**

"Do not let your hearts be troubled"

In Christmas cards – which soon will start to arrive -I hate" Happy Christmas, Happy seasonal greetings, etc"

My Christmas card this year carries the message:

"I pray that, no matter how grim the world may be, this Christmas will warm your heart, enhance your hope, and express your gratitude for what you have, as it does for me."

Maybe it's ever since May 1945 when in Prague from our first-floor flat window I saw two German soldiers shot dead: one disguised as a nun trying to run – but his boots gave him away, the second executed by a Russian soldier after he had thrown a grenade into our corner bakery.

And then one morning I found a barricade of dead bodies piled up outside our front door, that death has been a part of my life. I took off a handful of Iron Crosses – but when she saw I had, my mother forced me to put them back.

It has kept me energised and motivated as I believe that though I have for ever that I live as I might die tonight.

Time is short - as it was shorter than expected by all those who gave their lives for their country.

Let us remember them and use our time creatively in helping God make this world a better – or at least a less awful – place. Time is like a staircase on which we can go up or down.

#### **Father Vlad on Radio Maria**

Father Vlad podcasts on Radio Maria England are available! Please follow this link to access all podcasts [Father Vlad's Radio Maria podcasts](#)

#### **Don't forget to buy Father Vlad's book Life Squared!**

As I approached my 80th birthday, I wanted to find out what I really thought about life. Writing this book has crystallised my experiences. I now know better what I have learned and what I think.

Now, that I'm coming to the end of my life, I have finally learned how to live. Time's slippage nudged me to act on my dream of passing what I have learned on to others.

*Father Vlad*

[download the introduction to Life Squared](#)

To buy your copy of the book (£12.95+pp) please contact Father Vlad at: [msg.vladimir.felzmann@gmail.com](mailto:msg.vladimir.felzmann@gmail.com) or +44 (7810) 116 508



Copyright © fathervlad.com, All rights reserved.

**Our mailing address is:**  
msg.vladimir.felzmann@gmail.com

Want to change how you receive these emails?  
You can [update your preferences](#) or [unsubscribe from this list](#).